



Compression Stockings Measuring Guide

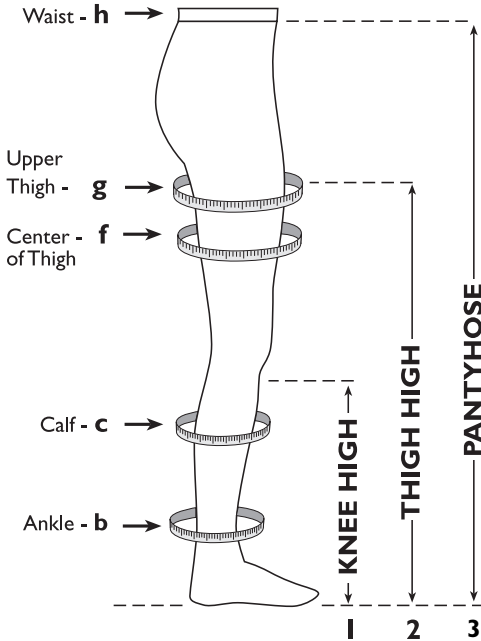
Patient Name: _____ Date: _____

Patient Phone: _____ DOB: _____

Patient Address: _____

Physician Name (printed): _____ Physician Ph: _____

Stocking Style: Knee High Thigh High Pantyhose Socks



Measurements: Measurements should be taken first thing in the morning when the legs are the least swollen. Take measurements for the selected style at the points listed below. Measure in inches at the widest point.

Knee High / Socks

_____ Right Ankle (b)
 _____ Left Ankle (b)
 _____ Right Calf (c)
 _____ Left Calf (c)
 _____ Length (1)
 _____ Shoe Size

Thigh High

_____ Right Ankle (b)
 _____ Left Ankle (b)
 _____ Right Calf (c)
 _____ Left Calf (c)
 _____ Right Thigh (f)
 _____ Left Thigh (f)
 _____ Length (2)

Pantyhose

_____ Right Ankle (b)
 _____ Left Ankle (b)
 _____ Right Calf (c)
 _____ Left Calf (c)
 _____ Right Thigh (f)
 _____ Left Thigh (f)
 _____ Right Upper Thigh (g)
 _____ Left Upper Thigh (g)
 _____ Waist (h)

Ultra Sheer Support: 9-12 mm Hg • H11xy, H12xy, H13xy
Sheer Therapy®: 15-20 mm Hg • H21xy, H22xy, H23xy, H204xy, H29xy

SIZE	Ankle (b)	Calf (c)	Mid Thigh (f)	Upper Thigh (g)
A	7 - 8"	11 - 12 1/2"	16 1/4 - 18 1/4"	17 1/4 - 19 1/2"
B	8 - 9 1/2"	12 1/2 - 14 1/4"	18 1/4 - 19 3/4"	19 1/2 - 21 1/4"
C	9 1/2 - 11"	14 1/4 - 16"	19 3/4 - 21 1/2"	21 3/4 - 24 1/2"
D	11 - 12 1/2"	16 - 17 3/4"	21 1/2 - 24 1/2"	24 1/4 - 27 1/2"
Q	12 1/2 - 14"	17 3/4 - 19 3/4"	24 1/2 - 28"	27 1/2 - 31"

Graduated Therapy: 20-30 mm Hg • H31xy, H32xy, H33xy

Surgical Weight: 30-40 mm Hg • H42xy, H43xy, H44xy

SIZE	Ankle (b)	Calf (c)	Mid Thigh (f)	Upper Thigh (g)
S	6 1/2 - 7 3/4"	11 - 13 1/2"	15 - 19"	16 - 20 1/2"
M	7 1/2 - 9"	13 - 15 1/2"	18 1/2 - 22"	20 - 24 1/2"
L	9 1/4 - 10 3/4"	15 - 17 1/2"	21 1/2 - 25"	24 - 29 1/2"
XL	11 - 12 1/2"	17 - 19 1/2"	24 - 30"	29 - 33 1/2"

Anti-Embolism: 18 mm Hg, Thigh High, Inspection Toe, H521

SIZE	Small	Medium	Large	X-Large
Length (c)	10 - 12"	11 - 13"	12 - 15"	13 - 17"
Length (2)	28" or less	28 - 30"	30 - 32"	30 - 34"

Knee Highs & Thigh Highs, 18 mm Hg: H504, H53, H59, H520, H54 **XX-Large**

SIZE	Small	Medium	Large	X-Large
Ankle (b)	6 1/2 - 8"	8 - 9 1/2"	9 1/2 - 11"	11 - 12 1/2"
Calf (c)	10 1/2 - 14 1/2"	11 1/2 - 15 1/2"	12 1/2 - 17"	13 1/2 - 17 1/2"

Soft Fit Graduated Therapy: 20-30 mm Hg • H37xy, H38xy, H39xy, H30x, H304

SIZE	ANKLE (b)	CALF (c)	THIGH (f)	WAIST (h)	LENGTH (3)	LENGTH (1)
SM	6 1/2 - 7 3/4"	10 - 13"	15 - 18"	Up to 30"	21 - 27"	11 - 15"
MD	7 - 8 1/2"	11 1/2 - 14"	17 1/2 - 20 1/2"	Up to 33"	23 - 29"	12 - 17"
LG	8 1/2 - 10"	12 1/2 - 15"	20 - 23"	Up to 36"	25 - 31"	13 - 18"
XL	10 - 11 1/2"	13 1/2 - 16"	22 1/2 - 25 1/2"	Up to 38"	27 - 33"	14 - 19"
Q/XXL	11 - 12 1/2"	14 1/2 - 17"	25 - 28"	Up to 44"	29 - 35"	16 - 21"
XXXL	12 1/2 - 13 3/4"	16 1/2 - 20 1/2"	—	—	16 - 21"	16 - 21"
XXXXL	13 1/2 - 15"	20 - 24"	—	—	16 - 21"	16 - 21"

Activa Complements: 20-30 mm Hg • H71xy, H72xy, H73xy, H74xy

SIZE	ANKLE (b)	CALF (c)	THIGH (f)	WAIST (h)	H71, H72 LENGTH	H73, H74 LENGTH
SM	7 - 8 1/2"	11 - 15"	15 1/2 - 24 1/2"	Up to 30"	24 - 26"	14 1/2 - 15 1/2"
MD	8 1/2 - 10"	12 - 16 1/2"	18 1/2 - 27 1/2"	Up to 33"	25 - 27"	15 - 16"
LG	10 - 11 1/2"	12 1/2 - 18"	21 - 30 1/2"	Up to 36"	26 - 28"	15 1/2 - 17"
XL	11 1/2 - 13"	13 1/2 - 19 1/2"	23 1/2 - 32"	Up to 38"	26 1/2 - 29"	16 - 17 1/2"
XXL	13 - 15"	14 1/2 - 21"	—	—	—	17 - 18"
XXXL	14 - 16 1/2"	16 - 22 1/2"	—	—	—	16 - 17 1/2"
XXXXL	15 - 18"	17 - 24"	—	—	—	16 - 17 1/2"

Men's & Women's Dress Socks: 15-20 & 20-30 mm Hg

Men's: H24, H25, H34, H35

Women's: H26, H27, H28

Athletic: H312, H313

SIZE	Small	Medium	Large	X-Large
Ankle (b)	6 1/2 - 7 1/4"	7 1/2 - 9"	9 1/4 - 10 3/4"	11 - 12 1/2"
Calf (c)	11 - 13 1/2"	13 - 15 1/2"	15 - 17 1/2"	17 - 19 1/2"



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